



Check out all the Concept2 Challenges

CONCEPT2.COM/CHALLENGES

ADDITIONAL CHALLENGES YEAR ROUND

JANUARY



JANUARY 1-31

JANUARY REVOLUTIONS CHALLENGE

Choose your goal and set your New Year's resolution.



JANUARY 1-31

VIRTUAL TEAM CHALLENGE

Team members row, ski or ride as many meters as they can.

FEBRUARY



FEBRUARY 1-28

TOUR DE SKIERG

A different SkiErg event each week.



FEBRUARY 1-29

MILITARY CHALLENGE

Select your military affiliation and row, ski or ride as many meters as you can.



FEBRUARY 9-14

VALENTINE CHALLENGE

Row, ski or ride 14,000 meters.

MARCH



MARCH 1-31

MUD SEASON MADNESS

Row, ski or ride 5000 meters or 10,000 meters per day for 25 days or more.*



MARCH 8

INTERNATIONAL WOMEN'S DAY

Row, ski or ride 5000 meters (10,000 on the BikeErg) to raise money for charity.



MARCH 6-10

WORLD ROWING VIRTUAL **INDOOR SPRINTS**

A worldwide virtual 1000 meter RowErg race.



MARCH 15-APRIL 15

WORLD ERG CHALLENGE

Team members row, ski or ride as many meters as they can.

APRIL



continued...

MARCH 15-APRIL 15 WORLD ERG CHALLENGE

Team members row, ski or ride as many meters as they can.



APRIL 1-15

APRIL FOOLS' CHALLENGE

Row, ski or ride an increasing distance each day.

MAY



MARATHON & CENTURY CHALLENGE

Row or ski a half (21,097 meters) or full (42,195 meters) marathon. Ride a half (50,000 meters) or full (100,000 meters) century ride.

JUNE 19

JUNETEENTH CHALLENGE Row, ski, or ride at least 1900 meters to

raise money for racial justice organizations.



JUNE 20

SUMMER SOLSTICE CHALLENGE

Row, ski or ride a combined 21,000 meters in one day. On water and on snow meters allowed.



JULY 10-14

BIKEERG WORLD SPRINTS

A worldwide virtual 1000 meter BikeErg race.



JULY 27-AUGUST 3

ROWLYMPIC CHALLENGE

Complete eight events during the eight days of the Olympic Games Regatta

AUGUST



AUGUST 1-28

DOG DAYS OF SUMMER

A different total distance goal each week for a total of 100,000 meters. On water and on snow meters allowed.*



AUGUST 28-SEPTEMBER 8

PAROWLYMPIC CHALLENGE

Win virtual medals during the Paralympic Games (adaptive athletes only).

SEPTEMBER

WOD

SEPTEMBER 2-8 **WOD WEEK**

> Complete the Concept2 Workout of the Day on at least five days of WOD Week.



SEPTEMBER 15-OCTOBER 15

FALL TEAM CHALLENGE

Team members row, ski or ride as many meters as possible.

CTOBER



SEPTEMBER 15-OCTOBER 15

FALL TEAM CHALLENGE

Team members row, ski or ride as many meters as possible.



OCTOBER 25-31

SKELETON CREW CHALLENGE

Row, ski or ride a combined 31,000 meters.

NOVEMBER



NOVEMBER 7-10

SKIERG WORLD SPRINTS A worldwide virtual 1000 meter SkiErg race.



NOVEMBER 28-DECEMBER 24 **HOLIDAY CHALLENGE**

Row, ski or ride at least 100,000 or 200,000 meters.

DECEMBER



NOVEMBER 28-DECEMBER 24

HOLIDAY CHALLENGE

Row, ski or ride at least 100,000 or 200,000 meters.*

#c2challenge 800.245.5676

Log your meters in the free Online Logbook at concept2.com/logbook and earn prizes and/or certificates of achievement.

NOTE: BikeErg meters count as half when applied to challenges. *Additional distances for kids and adaptive.











