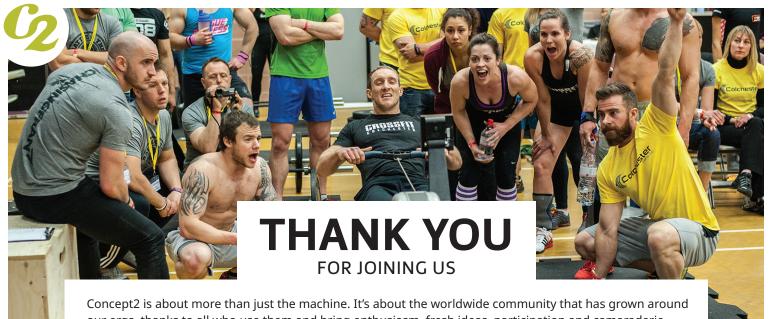


TO YOUR NEW ERG: APPS, TRAINING, CHALLENGES, RESOURCES AND MORE!



our ergs, thanks to all who use them and bring enthusiasm, fresh ideas, participation and camaraderie.

Read on for some of the ways you can connect to and interact with the Concept2 community. Our motivational programs, online challenges, videos and apps are always free to use and provide inspiration to make the most of your Concept2 RowErg®, SkiErg® or BikeErg®—there is something for everyone!

Our customer service team is always available to answer questions about your new machine and quide you on your fitness journey, wherever it takes you.



## YOUR PROGRESS WITH OUR ONLINE LOGBOOK

The Concept2 Online Logbook is the heart of our community. It's free to all Concept2 users and easy to use.

The online logbook:

- Gives you a place to store all your workouts so you can track your progress.
- Has year-round online challenges for motivation and fun.
- Allows you to participate in the Million Meter Club and other distance achievements.
- Lets you compare your performances with others worldwide in our Online World Ranking.
- Connects to other fitness platforms such as Strava and Garmin Connect.





## CONNECT





Let our free app **ErgData**® be your personal training partner, while serving as a connection to the Concept2 community!

- Row, ski or ride with others on the Real Time Loop virtual course.
- Easily set up workouts on the app and store them as favorites.
- Choose from a number of personalized displays.
- Share workouts with friends, who can choose to rerow/ski/ride against you.
- Track your progress and connect to the Concept2 Online Logbook.
- Set up the Concept2 Workout of the Day with a single tap.
- Compatible with Apple Watch.

Learn more and download ErgData concept2.com/ergdata









We offer a variety of online motivational challenges all year-round, so there is plenty of opportunity to participate in one that feels right for you.

There are individual events like the Holiday Challenge, as well as team events like the World Erg Challenge. Many reward consistency and total meters, not speed, giving you incentive to work out regularly—with the added bonus of prizes!

Our famous Million Meter Club celebrates and rewards everyone that reaches this milestone, and every million that comes after.



You will never forget how good it feels to reach a million meter milestone!

-Karen S.



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Learn more about Concept2 Challenges

concept2.com/challenges







## **REACH OUT**

WE'RE HERE FOR YOU

Concept2 was founded in 1976 by brothers Dick (left) and Peter (right) Dreissigacker—two engineers with a passion for the sport of rowing. Every machine and oar produced comes from a background of over 45 years of excellence.



If you have any questions, want some advice or need a spare part, our team is always happy to hear from you.



Monday-Friday 9:30 a.m. to 4 p.m. ET 800.245.5676

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**Connect with Us!** 











#concept2 #drivenbycommunity